



Services & Pricing Guide



www.endoplana.com

endoplan.

Let's look at which endoplan is right for you based on: your symptom areas; your priorities and your investment budget

Coaching. No tests.

Get a bespoke and highly detailed food, lifestyle and wellness plan. Choose from a single 60min session or a series of x3 sessions over 6 months.

60 minute session

6 weeks unlimited messenger support
£377.60

[BOOK](#)

6 months coaching (x3 sessions)

Unlimited messenger support
£997.10

[BOOK](#)

TESTS

HORMONES

GUT & FOOD

DNA TEST

Simple cheek swab test sent to your door. Gives us invaluable data about your sex, stress and blood sugar hormones. Recommended for those struggling with apna and looking to minimise regrowth/avoid future surgeries.

DNA 90min session Comprehensive plan

DNA test sent to your door
6 weeks messenger support
45min follow up @ 3 months
£1,176.46

[BOOK](#)

DNA 6 months (3 sessions)

unlimited messenger support
6 months intensive coaching
£1,808.94

[BOOK](#)

MIRA DEVICE

Revolutionary at home hormone urine testing. Track sex hormones throughout the month by purchasing the device and testing wands. Recommended for those struggling with peri/menopause and fertility optimisation.

Just the testing

Purchase the device and testing wands to use unassisted from €264

[PURCHASE](#) with code
2ENDOPLAN for 30% off

60 minute MIRA session Comprehensive plan

I'll send you the device to test your hormones for a minimum of 1 month
£722.16

[BOOK](#)

FIT/GUT BARRIER TEST

Ground breaking Food Inflammation Test with new technology measuring real time reactions to 172 foods. Comes with the GUT BARRIER test measuring bacterial infection, yeast overgrowth and leaky gut. Essential for those with significant gut issues and multiple food sensitivities.

Gut Barrier only: 60 minute session

Test sent to your door
Comprehensive plan
6 weeks unlimited messenger support
£656.08

[BOOK](#)

Gut Barrier & FIT test 90 minute session

6 weeks unlimited messenger support
£1,085.60

[BOOK](#)

GUT 6 months (3 sessions) Gut Barrier & FIT test

unlimited messenger support
6 months intensive coaching
£1,770

[BOOK](#)

ENDOPLAN COMPLETE

Hormone DNA, Gut Barrier and Food Inflammation test to your door

2x60 minute initial results consultations
60 minute follow up consult @ 3 months

£2,027.24

[BOOK](#)